



# *Introducing.....*

## Rome Tennis Center @ Berry College

### 2.0-2.5 Adult Novice League

**What:** A fun, *intro to tennis*, league for players who are new to the game of tennis!

**When:** 7:30 – 9:00 pm Wednesday evenings 8/30, 9/6, 9/13, 9/20, 9/27, 10/4

**How:** Interested players sign up for the league via [www.TennisDirector.com](http://www.TennisDirector.com) on www.RomeTennisCenter.com website. Sessions are 1.5 hours per week for six weeks.

Session One – A USPTA certified professional will coordinate the entire session and give simple tips on the four basic strokes of tennis: Forehand, Backhand, Serve, & Volley

Session Two- A USPTA certified professional will review scoring, positioning, basic rules for first hour and coordinate doubles play the remaining half hour.

Session Three – A USPTA certified professional will coordinate and coach match play with simple strategies for the first hour and players will play organized doubles the remaining half hour.

Sessions Four, Five, Six – Players will play a scheduled match during each session.

NOTE: We will be utilizing **Green Dot Tennis Balls** – green dot tennis balls have slightly less compression than yellow tennis balls and therefore have a slower bounce and ball speed, allowing for longer point rallies in an introductory situation!

#### **What is the Cost?**

If you sign up and attend all the sessions, there will be **NO COST!!**

If you miss one session, there will be a charge of \$5.00

If you miss one more than one session, you will be billed \$15.00

#### **Our Goal**

We want you to get involved in USTA League Tennis operated by the Coosa Valley Tennis Association. Take this six-week course, and play tennis for the rest of your life!

# **Learn Tennis For FREE!!!!!!!!!!**